

Kaushika Rautary

Environment and Sustainability Committee

I am writing to express my interest in the Resident Doctor Representative position on the BCS Environment and Sustainability Committee. I am currently an IMT3 at Sheffield Teaching Hospitals with a clear ambition to pursue higher specialty training in cardiology, alongside a strong interest in systems-level improvement and innovation.

Cardiology sits at a critical intersection of high-impact clinical care and significant environmental burden. Through my experience working across acute medicine, cardiology, and intensive care, I have developed a growing awareness of the environmental cost of healthcare delivery—particularly within procedural and resource-intensive settings. I am motivated to contribute to the development of pragmatic, evidence-informed strategies that embed sustainability into everyday cardiology practice without compromising quality of care.

I bring a proven track record of leadership, collaboration, and delivery. I have led a two-cycle QIP presented at a national conference, coordinated a structured departmental cardiology teaching programme, and currently serve as an NIHR Associate Principal Investigator, where I have worked across multiple hospital sites to implement research initiatives, improve engagement, and support system-level change. These experiences have strengthened my ability to translate strategic goals into practical, scalable outputs.

I am particularly interested in contributing to the development of educational resources and carbon monitoring frameworks for trusts, while ensuring meaningful engagement with the resident doctor body. I would actively work to bridge frontline clinical perspectives with national sustainability priorities. I would welcome the opportunity to contribute to shaping a more sustainable future for cardiology within the BCS.