

## **Evan Ansell**

### **Guidelines and Practice Committee**

I am applying to join the Guidelines and Practice Committee to contribute to improving patient care at a system level, and to better understand how clinical guidelines are developed, interpreted, and implemented in practice.

I am a South London cardiology registrar currently out of programme undertaking research towards a PhD at King's College London, focused on cardiogenic shock and out-of-hospital cardiac arrest. Alongside my clinical training, my research focuses on early risk stratification and systems of care, including work on the MIRACLE2 score and AI-enabled ECG tools. I am a successful co-applicant on a BHF-funded national prospective registry, being delivered on behalf of BCIS, examining variation in the management and outcomes of acute myocardial infarction-related cardiogenic shock across the UK and with the aim of informing future guidelines and clinical practice. Through developing this work, I have observed consistent divergence between guideline recommendations and real-world practice.

My previous quality improvement work has similarly demonstrated variation in care and deviation from established guidance, reinforcing the importance of clear, implementable standards. These experiences have led me to develop a strong interest not only in applying guidelines, but in how they are developed, critically appraised, and implemented across different healthcare settings.

I would aim to contribute by bringing a trainee perspective with a firm grounding in clinical experience and active research. I am particularly interested in how emerging evidence can be translated into clear, practical guidance, and in reflecting the challenges trainees face when implementing guidelines in day-to-day practice.